

	Monday 27/01/2025	Tuesday 28/01/2025	Wednesday 29/01/2025	Thursday 30/01/2025	Friday 31/01/2025	Saturday 1/02/2025	Sunday 2/02/2025
6am							
7am							
8am							
9am		9.30-11.30am			9.30-11.30am		
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday 3/02/2025	Tuesday 4/02/2025	Wednesday 5/02/2025	Thursday 6/02/2025	Friday 7/02/2025	Saturday 8/02/2025	Sunday 9/02/2025
6am							
7am							
8am							
9am	9.30-11.30am	9.30-11.30am		9.30-11.30am			
10am							
11am							
12pm			12-2pm				
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday 10/02/2025	Tuesday 11/02/2025	Wednesday 12/02/2025	Thursday 13/02/2025	Friday 14/02/2025	Saturday 15/02/2025	Sunday 16/02/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am			
11am							
12pm			12-2pm				
1pm							
2pm						2-5pm	
3pm							
4pm							
5pm							
6pm					6-10pm		

- Pickleball Scheduled Sessions
- Pickleball Members private bookings available
- Pickleball Teams League
- Event
- Futsal
- Netball
- Volleyball

***subject to change**

7pm						
8pm						
9pm						
10pm						
11pm						
12am-6am						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Feb	17/02/2025	18/02/2025	19/02/2025	20/02/2025	21/02/2025	22/02/2025	23/02/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am			
11am							
12pm							
1pm							
2pm						2-5pm	
3pm							
4pm							
5pm							
6pm					6-10pm		
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Feb/Mar	24/02/2025	25/02/2025	26/02/2025	27/02/2025	28/02/2025	1/03/2025	2/03/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am			
11am							
12pm							
1pm							
2pm						2-5pm	
3pm							
4pm							
5pm							
6pm					6-10pm		
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mar	3/03/2025	4/03/2025	5/03/2025	6/03/2025	7/03/2025	8/03/2025	9/03/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am			

11am						
12pm						
1pm						
2pm					2-5pm	
3pm						
4pm						
5pm						
6pm				6-8.30pm		
7pm						
8pm						
9pm						
10pm						
11pm						
12am-6am						

Monday 10/03/2025 **Tuesday** 11/03/2025 **Wednesday** 12/03/2025 **Thursday** 13/03/2025 **Friday** 14/03/2025 **Saturday** 15/03/2025 **Sunday** 16/03/2025

6am						
7am						
8am						
9am						
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am		
11am						
12pm						
1pm						
2pm					2-5pm	
3pm						
4pm						
5pm						
6pm				6-10pm	6-8.30pm	
7pm	7-10pm					
8pm						
9pm						
10pm						
11pm						
12am-6am						

Monday 17/03/2025 **Tuesday** 18/03/2025 **Wednesday** 19/03/2025 **Thursday** 20/03/2025 **Friday** 21/03/2025 **Saturday** 22/03/2025 **Sunday** 23/03/2025

6am						
7am						
8am						
9am						
10am	9.30-11.30am	9.30-11.30am		9.30-11.30am		
11am						
12pm						
1pm						
2pm					2-5pm	
3pm						
4pm						
5pm						
6pm				6-10pm	6-8.30pm	
7pm	7-10pm					
8pm						
9pm						
10pm						
11pm						
12am-6am						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mar	24/03/2025	25/03/2025	26/03/2025	27/03/2025	28/03/2025	29/03/2025	30/03/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am					10-2pm
11am			11-1pm				
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm		7-10pm					
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mar/Apr	31/03/2025	1/04/2025	2/04/2025	3/04/2025	4/04/2025	5/04/2025	6/04/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am					10-2pm
11am			11-1pm				
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-10pm		
7pm		7-10pm					
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr	7/04/2025	8/04/2025	9/04/2025	10/04/2025	11/04/2025	12/04/2025	13/04/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30am	9.30-11.30am					10-2pm
11am			11-1pm				
12pm							
1pm							
2pm							
3pm							
4pm							

5pm						
6pm				6-10pm		
7pm	7-10pm					
8pm						
9pm						
10pm						
11pm						
12am-6am						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr	14/04/2025	15/04/2025	16/04/2025	17/04/2025	18/04/2025	19/04/2025	20/04/2025
6am							
7am							
8am							
9am							
10am					10-2pm		10-2pm
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm						5-7pm	
6pm			6-9pm		6-10pm		
7pm		7-10pm					
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr	21/04/2025	22/04/2025	23/04/2025	24/04/2025	25/04/2025	26/04/2025	27/04/2025
6am							
7am							
8am							
9am							
10am	9.30-2pm						
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm						5-7pm	5-8pm
6pm			6-9pm		6-10pm		
7pm		7-10pm					
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apr/May	28/04/2025	29/04/2025	30/04/2025	1/05/2025	2/05/2025	3/05/2025	4/05/2025
6am							
7am							
8am							

9am	9.30-2pm	9.30-2pm		9.30-2pm			
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-10pm		
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5/05/2025	6/05/2025	7/05/2025	8/05/2025	9/05/2025	10/05/2025	11/05/2025

May

6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-10pm		
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12/05/2025	13/05/2025	14/05/2025	15/05/2025	16/05/2025	17/05/2025	18/05/2025

May

6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-10pm		6-10pm
7pm							
8pm							
9pm							
10pm							

11pm						
12am-6am						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May	19/05/2025	20/05/2025	21/05/2025	22/05/2025	23/05/2025	24/05/2025	25/05/2025
6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm						6-10pm	
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May/June	26/05/2025	27/05/2025	28/05/2025	29/05/2025	30/05/2025	31/05/2025	1/06/2025
6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			9.30-2pm
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June	2/06/2025	3/06/2025	4/06/2025	5/06/2025	6/06/2025	7/06/2025	8/06/2025
6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm					
10am							
11am							
12pm					12-2pm		
1pm							

2pm						
3pm						
4pm						
5pm						
6pm						
7pm						
8pm						
9pm						
10pm						
11pm						
12am-6am						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jun	9/06/2025	10/06/2025	11/06/2025	12/06/2025	13/06/2025	14/06/2025	15/06/2025
6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							6-9pm
7pm							
8pm							
9pm							
10pm							
11pm							
12am-6am							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jun	16/06/2025	17/06/2025	18/06/2025	19/06/2025	20/06/2025	21/06/2025	22/06/2025
6am							
7am							
8am							
9am	9.30-2pm	9.30-2pm		9.30-2pm			9.30-2pm
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jun	23/06/2025	24/06/2025	25/06/2025	26/06/2025	27/06/2025	28/06/2025	29/06/2025

6am						
7am						
8am						
9am	9.30-2pm	9.30-2pm		9.30-2pm		
10am						
11am						
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						6-9pm
7pm						
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30/06/2025	1/07/2025	2/07/2025	3/07/2025	4/07/2025	5/07/2025	6/07/2025

6am						
7am						
8am						
9am						
10am					10-2pm	10-2pm
11am		11-2pm				
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm	7-10pm		7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/07/2025	8/07/2025	9/07/2025	10/07/2025	11/07/2025	12/07/2025	13/07/2025

6am						
7am						
8am						
9am						
10am						
11am		11-1pm				
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						6-9pm
7pm	7-10pm		7-10pm			
8pm						

9pm						
10pm						
11pm						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July	14/07/2025	15/07/2025	16/07/2025	17/07/2025	18/07/2025	19/07/2025	20/07/2025
6am							
7am							
8am							
9am	9.30-11.30	9.30-11.30		9.30-11.30			
10am							10-2pm
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-9pm		
7pm							
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July	21/07/2025	22/07/2025	23/07/2025	24/07/2025	25/07/2025	26/07/2025	27/07/2025
6am							
7am							
8am							
9am	9.30-11.30	9.30-11.30		9.30-11.30			
10am							10-2pm
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm					6-9pm		
7pm							
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July/Aug	28/07/2025	29/07/2025	30/07/2025	31/07/2025	1/08/2025	2/08/2025	3/08/2025
6am							
7am							
8am							
9am	9.30-11.30	9.30-11.30		9.30-11.30			
10am							10-2pm
11am							
12pm							
1pm							
2pm							
3pm							

4pm						
5pm						
6pm				6-9pm		
7pm						
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4/08/2025	5/08/2025	6/08/2025	7/08/2025	8/08/2025	9/08/2025	10/08/2025

6am						
7am						
8am						
9am	9.30-11.30	9.30-11.30		9.30-11.30	9.30-11.30	
10am						10-2pm
11am						
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm				6-9pm		
7pm						
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11/08/2025	12/08/2025	13/08/2025	14/08/2025	15/08/2025	16/08/2025	17/08/2025

6am						
7am						
8am						
9am	9.30-11.30	9.30-11.30		9.30-11.30		
10am						10-2pm
11am						
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm				6-9pm		
7pm						
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
18/08/2025	19/08/2025	20/08/2025	21/08/2025	22/08/2025	23/08/2025	24/08/2025

6am						
7am						
8am						
9am	9.30-11.30	9.30-11.30		9.30-11.30		
10am						10-2pm

11am						
12pm						
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm						
8pm						
9pm						
10pm						
11pm						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aug	25/08/2025	26/08/2025	27/08/2025	28/08/2025	29/08/2025	30/08/2025	31/08/2025
6am							
7am							
8am							
9am	9.30-11.30						
10am							10-2pm
11am							
12pm					12-2pm		
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm		7-10pm			7-10pm		
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sept	1/09/2025	2/09/2025	3/09/2025	4/09/2025	5/09/2025	6/09/2025	7/09/2025
6am							
7am							
8am							
9am	9.30-11.30						
10am						10-12pm	
11am							
12pm		12-2pm					
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm		7-10pm		7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sept	8/09/2025	9/09/2025	10/09/2025	11/09/2025	12/09/2025	13/09/2025	14/09/2025

6am						
7am						
8am						
9am	9.30-11.30		9.30-11.30			
10am						
11am						
12pm	12-2pm					
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						6-9pm
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15/09/2025	16/09/2025	17/09/2025	18/09/2025	19/09/2025	20/09/2025	21/09/2025

Sept

6am						
7am						
8am						
9am	9.30-11.30		9.30-11.30			
10am						10-12pm
11am						
12pm	12-2pm					
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
22/09/2025	23/09/2025	24/09/2025	25/09/2025	26/09/2025	27/09/2025	28/09/2025

Sept

6am						
7am						
8am						
9am						
10am					10-12pm	10-12pm
11am						
12pm		12-2pm				
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						

10pm						
11pm						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sept/Oct	29/09/2025	30/09/2025	1/10/2025	2/10/2025	3/10/2025	4/10/2025	5/10/2025
6am							
7am							
8am							
9am							
10am							
11am							
12pm			12-2pm				
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oct	6/10/2025	7/10/2025	8/10/2025	9/10/2025	10/10/2025	11/10/2025	12/10/2025
6am							
7am							
8am							
9am	9.30-11.30			9.30-11.30			
10am						10-12pm	10-12pm
11am							
12pm		12-2pm					
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oct	13/10/2025	14/10/2025	15/10/2025	16/10/2025	17/10/2025	18/10/2025	19/10/2025
6am							
7am							
8am							
9am	9.30-11.30			9.30-11.30			
10am						10-12pm	10-12pm
11am							
12pm		12-2pm					
1pm							
2pm							
3pm							

4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
20/10/2025	21/10/2025	22/10/2025	23/10/2025	24/10/2025	25/10/2025	26/10/2025

6am						
7am						
8am						
9am	9.30-11.30					
10am						
11am						
12pm	12-2pm					
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm						
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27/10/2025	28/10/2025	29/10/2025	30/10/2025	31/10/2025	1/11/2025	2/11/2025

6am						
7am						
8am						
9am			9.30-11.30			
10am					10-2pm	
11am						
12pm	12-2pm					
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3/11/2025	4/11/2025	5/11/2025	6/11/2025	7/11/2025	8/11/2025	9/11/2025

6am						
7am						
8am						
9am	9.30-11.30		9.30-11.30			
10am					10-2pm	

11am						
12pm	12-2pm					
1pm						
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Nov	10/11/2025	11/11/2025	12/11/2025	13/11/2025	14/11/2025	15/11/2025	16/11/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30					10-2pm	
11am							
12pm							
1pm		12-2pm					
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Nov	17/11/2025	18/11/2025	19/11/2025	20/11/2025	21/11/2025	22/11/2025	23/11/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30					10-2pm	
11am							
12pm							
1pm		12-2pm					
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Nov	24/11/2025	25/11/2025	26/11/2025	27/11/2025	28/11/2025	29/11/2025	30/11/2025

6am						
7am						
8am						
9am						
10am	9.30-11.30				10-2pm	
11am						
12pm						
1pm	12-2pm					
2pm						
3pm						
4pm						
5pm						
6pm						
7pm				7-10pm		
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1/12/2025	2/12/2025	3/12/2025	4/12/2025	5/12/2025	6/12/2025	7/12/2025

Dec						
6am						
7am						
8am						
9am						
10am	9.30-11.30		9.30-11.30			9.30-11.30
11am						
12pm						
1pm	12-2pm					
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8/12/2025	9/12/2025	10/12/2025	11/12/2025	12/12/2025	13/12/2025	14/12/2025

Dec						
6am						
7am						
8am						
9am						
10am	9.30-11.30		9.30-11.30			
11am						
12pm						
1pm	12-2pm					
2pm						
3pm						
4pm						
5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						

10pm						
11pm						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dec	15/12/2025	16/12/2025	17/12/2025	18/12/2025	19/12/2025	20/12/2025	21/12/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30			9.30-11.30			9.30-11.30
11am							
12pm							
1pm		12-2pm					
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dec	22/12/2025	23/12/2025	24/12/2025	25/12/2025	26/12/2025	27/12/2025	28/12/2025
6am							
7am							
8am							
9am							
10am	9.30-11.30			9.30-11.30			9.30-11.30
11am							
12pm							
1pm		12-2pm					
2pm							
3pm							
4pm							
5pm							
6pm							
7pm			7-10pm	7-10pm			
8pm							
9pm							
10pm							
11pm							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dec/Jan	29/12/2025	30/12/2025	31/12/2025	1/01/2026	2/01/2026	3/01/2026	4/01/2026
6am							
7am							
8am							
9am							
10am	9.30-11.30			9.30-11.30			9.30-11.30
11am							
12pm							
1pm		12-2pm					
2pm							
3pm							
4pm							

5pm						
6pm						
7pm		7-10pm	7-10pm			
8pm						
9pm						
10pm						
11pm						